



2021 USATF Utah Association Track & Field Championships Utah Valley University- June 10-12, 2021 Hal Wing Track College Dr, Orem, UT 84058

MEET WEBSITE: <https://usatfutihyouth.weebly.com/>

WE NEED REGISTERED VOLUNTEERS – SEE WEBSITE FOR INFO

All youth athletes must have a current 2021 USATF membership prior to online registration. Date of birth verification is being waived this year prior to online registration. Date of birth verification is still a good idea and will be required for future meets (Regionals/Nationals). If you have not previously had your date of birth verified, upload proof of date of birth to the USATF National office. Note this may take 10 days. Here are instructions on how to Date of Birth Verify. Here is the link that shows how to do age verification.

[USATF Connect - Member Tutorials - How to add athlete verification documents on Vimeo \(vimeopro.com\)](#)

For club changes and update, athletes or parents must email USATF at membership@usaf.org for all club affiliation updates. This requires 5 business days.

Clubs and unattached athletes must register and pay online at athletic.net by **10:00 p.m. Wednesday, June 9, 2021**. Late entries will not be accepted. Fees will only be accepted online. Coaches can either pay for your whole team or parents have the ability to pay for their children but they need to create an account. The Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within athletic.net for accuracy prior to submitting entry. **Do not sign up unattached if you are affiliated with a club.**

Age Division	Year of Birth	Entry Limits
8 & Under	2013+*	3 Events
9 - 10	2011-2012	3 Events
11 - 12	2009-2010	3 Events
13 - 14	2007-2008	4 Events
15 - 16	2005-2006	4 Events
17 - 18	2002-2004**	4 Events

Entry limitations include relays, but not combined events. Entry in a relay, either as a primary or an alternate member, will be considered an entry.

* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or National Championships."

** Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the 17-18 age division through that meet. This extended eligibility does not apply to cross country events.

Entry & Fees: \$8.00 per event, \$32.00 per relay, \$18.00 for Heptathlon/Decathlon, and \$12.00 for Pentathlon/Triathlon. Athletes will receive bib numbers at the meet. Lost bib replacement charge is \$10.00. **Open/Masters athletes must register and pay entry fees online at athletic.net to compete.** There is a separate meet called Open/Masters.

COVID POLICY: All participants must verify one of the following:

1. Fully vaccinated (> 2 weeks after the full course of vaccination)
2. If the athlete had a confirm COVID-19 test via PCR or antigen testing within 90 days of the competition, then they are cleared to participate if
 - a. It has been at least 14 days since the positive COVID-19 test
 - b. It has been at least 24 hours with no fever without the use of fever reducing medicine
 - c. Other symptoms of COVID-19 are resolved
3. One negative COVID-19 PCR test performed within 7 days of the event.
4. One negative COVID-19 antigen test performed within 7 days of the event and athlete/participant is asymptomatic and athlete/participant has not had exposure to a person with confirmed COVID-19 in the last 14 days.

On day of meet spectators and participants/athletes must fill out symptoms form found [HERE](#). Symptom's form will have place to verify vaccination, recovered, or test results.

Awards: Awards will be presented shortly after the conclusion of each event.

Qualification to Regionals: All youth athletes that participate at the USATF Utah Association State Track & Field Championship meet qualify to advance to the Region 11 meet July 9-10 at Utah Valley University, Utah. Online registration for the Region 11 meet is required. Clubs and athletes can register at [athletic.net](#) registration will be the same as for Association and will open about June 28th following the USATF Utah Association Track & Field Championship Meet.

Contact: Utah Association Youth Chair: Tony Glover (801) 641-9567, g21tony@netzero.com
Registration Questions: Nelson Orton (385) 207-8378, runninrex@gmail.com
Membership Questions: Kris Erickson (801) 858-1074, usatf34@gmail.com

Rules & Conduct: USA Track & Field Competition Rules will govern. Coaches and parents are responsible for the conduct of their athletes. Failure to maintain proper control or display good sportsmanship may result in the removal of a team or individual from further competition, or the expulsion of a coach, parent, or spectator. Once the meet begins, only competing athletes and working officials will be allowed on the track or infield, except in the case of medical emergencies.

Protests: Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee, at once and not later than (30) thirty minutes after a result has been announced. All protests must be made in writing and accompanied by a \$100.00 cash deposit. The deposit will be refunded if the protest is upheld and forfeited if the protest is denied.

Uniforms: All relay team members must wear a top and shorts of the same color. Body suits must be of the same colors also.

Implements: All throwing implements will be inspected up to 30 minutes prior to the athlete's scheduled time of competition on each day. Implements will be marked and returned to the athlete. The head of each event will check to determine if the implement has been marked. Only marked implements will be allowed for the competition. All implements that fail to pass the inspection will be impounded until after the competition has completed. If you do not have implements some will be provided.

Prior to check-in, it is the responsibility of the coach or parent to fill out a card (at the pole vault area) stating that the competitor's weight shall be at or below the manufacturer's pole rating. It is the responsibility of the coach or parent to verify the competitor will use a legal pole rated at or above his/her weight.

Equipment: Any legal baton may be used. Only starting blocks provided by meet management may be used. The maximum spike length allowed for running and field events is 1/4". Absolutely no needle nose or Christmas tree spikes will be permitted. This will be strictly enforced. Athletes with spikes that do not meet this requirement will not be admitted to their event.

Athlete Check-In: Athletes must check-in 20 minutes before the scheduled start of their event. Any athlete not checked-in by the last call for their event will be automatically scratched.

Parking: All teams and spectators will park in the parking lots.

Participant Admission: All athletes, coaches, and spectators can enter through the main entrance. No entry fee for spectators.

Participant Seating: Tents are allowed on the grassy areas around the track, except in main entrance area. Coolers and food may be brought into the stadium. No glass containers, smoking, or alcohol will be allowed.



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Schedule of Events**

All athletes must check-in for their events. All Running Events except for 100-meters & 200-meters are Timed Finals. All 100-meters & 200-meters events will have Prelims and Finals. All Field Events will have Trials & Finals with the exception of High Jump and Pole Vault.

Thursday, June 10, 2021

4:00 p.m.	Decathlon	15-16B, 17-18M, Open/Masters	100m, LJ, SP(12 lb), HJ, 400m
4:10 p.m.	Heptathlon	15-16G, 17-18W, Open/ Masters	100H(33"), HJ, SP(4 kg), 200m
4:30 p.m.	Pentathlon	13-14G	100H(30"), SP(6 lb), HJ, LJ, 800m
4:30 p.m.	Pentathlon	13-14B	100H(33"), SP(4 kg), HJ, LJ, 1500m

Friday, June 11, 2021

11:00 a.m.	Decathlon	15-16B, 17-18M, Open/Masters	110H(39"), Disc(1.6kg), PV, Jav(800g), 1500m
11:00 a.m.	Heptathlon	15-16G, 17-18W, Open/Masters	LJ, Jav(600g), 800m
11:10 a.m.	Pentathlon	11-12G	80H(30"), SP(6 lb), HJ, LJ, 800m
11:30 p.m.	Pentathlon	11-12B	80H(30"), SP(6 lb), HJ, LJ, 1500m
1:00 p.m.	Triathlon	9-10G	SP(6 lb), HJ, 200m
1:00 p.m.	Triathlon	9-10B	SP(6 lb), HJ, 400m

4:00 p.m.	100m Dash Prelims	All Age Divisions 8 & Under through 17-18 G & B, Open/Masters	
5:30 p.m.	1500m Race Walk	9-10G, 9-10B, 11-12G, 11-12B, Open/Masters	
5:45 p.m.	3000m Race Walk	13-14G/B, 15-16G/B, 17-18W/M, Open/Masters	
6:00 p.m.	4x800m Relay	11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M	
6:30 p.m.	200m Dash Prelims	All Age Divisions 8 & Under through 17-18 G & B, Open/Masters	
6:30 p.m.	Hammer Throw	15-16 G (4kg), 17-18 G(4kg), 15-16B(12 lb), 17-18 B(12 lb), Open/Masters	
7:30 p.m.	3000m Run	11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M, Open/Masters	



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Saturday, June 12, 2021 - Track Events

9:00 a.m.	1500m Run	All Age Divisions (8 & under G/B – 17-18 W/M, Open/Masters)
10:00 a.m.	400m Hurdles	15-16B(36”), 17-18M(36”), 15-16G(30”), 17-18W(30”), Open/Masters
10:30 a.m.	200m Hurdles	13-14G(30”), 13-14B(30”)
10:45 a.m.	4x100m Relay	Age Divisions (8 & under G/B – 17-18 W/M)
11:00 a.m.	400m Dash	All Age Divisions (8 & under G/B – 17-18 W/M, Open/Masters)
12:00 p.m.	2000m Steeplechase	15-18 G(30”), 15-18 B(36”)
12:30 p.m.	Lunch Break	
1:00 p.m.	100m Dash Final	All Age Divisions (8 & under G/B – 17-18 W/M, Open/Masters)
1:30 p.m.	110m Hurdles	15-16B(39”), 17-18M(39”), Open/Masters
1:45 p.m.	100m Hurdles	15-16G(33”), 17-18W(33”), Open/Masters, 13-14B(33”), 13-14G(30”)
2:00 p.m.	80m Hurdles	11-12G(30”), 11-12B(30”)
2:30 p.m.	800m Run	All Age Divisions (8 & under G/B – 17-18 W/M, Open/Masters)
3:00 p.m.	200m Dash	All Age Divisions (8 & under G/B – 17-18 W/M, Open/Masters)
3:30 p.m.	4x400m Relay	Age Divisions (8 & under G/B – 17-18 W/M)

***Although there are times next to the events on the schedule, we may adjust the schedule where it is needed up to 30 minutes ahead. We will also attempt to stay on or ahead of schedule whenever possible. It is up to the coaches, athletes, and parents to pay attention to what's going on at all times.**

HURDLE SPECIFICATIONS

DISTANCE	DIVISION	# HURDLES	HEIGHT	TO FIRST	INTERVAL	TO FINISH
80m	11-12G, 11-12B	8	30”	12m	7.5m	15.5m
100m	13-14G	10	30”	13m	8.0m	15.0m
100m	13-14B,15-16G, 17-18G	10	33”	13m	8.5m	10.5m
100m	15-16B, 17-19M	10	39”	13.72m	9.14m	14.02m
110m	13-14B, 13-14G	5	30”	20m	35m	40m
200m	15-16G, 17-18W	10	30”	45m	35m	40m
400m	15-16B, 17-18M	10	36”	45m	35m	40m

Saturday, June 12, 2021 Field Events

	Long Jump (Pit 1)	Long Jump (Pit 2)	High Jump	Pole Vault	Discus	Shot Put	Javelin
9:00 AM	8 & Und G	8 & Und B	11-12 G		Open/Masters	15-18 G <i>4kg</i>	13-14 G <i>600g</i>
9:45 AM						15-18 B <i>12lb</i>	13-14 B <i>800g</i>
10:00 AM	9-10 G	9-10 B	11-12 B	All Girls	13-14 G <i>1kg</i>		
10:30 AM					13-14 B <i>1kg</i>	13-14 G <i>6lb</i>	15-18 B <i>800g</i>
11:00 AM	11-12 G	11-12 B	15-18 G				
11:15 AM					15-18 B <i>1.6kg</i>	13-14 B <i>4kg</i>	15-18 G <i>600g</i>
12:00 PM	13-14 G	13-14 B	15-18 B		15-18 G <i>1kg</i>	9-10 G <i>6lb</i>	Open/Masters
12:45 PM						9-10 B <i>6lb</i>	8 & Und G <i>Mini</i>
1:00 PM	15-18 G	15-18 B	13-14 G		11-12 G <i>1kg</i>		
1:45 PM					11-12 B <i>1kg</i>	11-12 G <i>6lb</i>	8 & Und B <i>Mini</i>
2:00 PM	Open/Master W	Open/Master M	13-14 B	All Boys			
2:30 PM	Triple Jump	Triple Jump				11-12 B <i>6lb</i>	9-10 G <i>Mini</i>
3:00 PM	13-14 G TJ	13-14 B TJ	9-10 G				
3:15 PM						8 & U B <i>2kg</i>	9-10 B <i>Mini</i>
4:00 PM	15-16 G TJ	15-16 B TJ	9-10 B			8 & U G <i>2kg</i>	11-12 G <i>Aero</i>
4:45 PM						<i>Open/Masters</i>	11-12 B <i>Aero</i>
5:00 PM	17-18 G TJ	17-18 B TJ	Open/Master				

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<u>Mini Javelin</u>	<u>Javelin</u>	<u>Discus</u>	<u>Shot Put</u>	<u>Hammer</u>
8 & under G/B - 300g	13-18G - 600g	11-18G - 1kg	8 & under G/B - 2kg	15-16G - 4kg
9-10G/B - 300g	13-14B - 600g	11-14B - 1kg	9-14G 6lb	15-16B - 12lb
	15-18B - 800g	15-16B - 1.6kg	9-12B - 6lb	17-18W - 4kg
Aero Javelin		17-18M - 1.6kg	13-14B - 4kg	17-18M - 12lb
11-12G/B - 450g			15-18G - 4kg	
			15-18B - 12lb	