



**USA Track & Field Developmental Meet
Youth, Open, & Masters
Tues., May 11th**

**LOCATION: Spanish Fork HS
99 N 300 W Spanish Fork**

Any questions contact – Tony Glover 801-641-9567

We will be doing all online pre-registration for each Developmental meet now through Runnercard.com. Parents (or adult self) must sign up and pay for your athlete by Monday May 10th at 6:00pm (No Exceptions – Late entries will not be allowed)
See 2nd page for registration instructions

3:30 p.m. Coach's Meeting

****4:00 p.m.** - Order of Events

3000m Run 11-12G/B, 13-14G/B, 15-16G/B, 17-18W/M (1 heat all combined)
1500m Run All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters
110m Hurdles 15-16B(39"), 17-18M(39"), Open/Masters (as needed)
100m Hurdles 15-16G(33"), 17-18W(33"), 13-14B(33"), 13-14G(30"), OM (as needed)
80m Hurdles 11-12G(30"), 11-12B(30")
100m Dash All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters
400m Dash All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters
4x100m Relay All Age Divisions - 8 & under G/B – 17-18 W/M
800m Run All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters
200m Dash All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters
4x400m Relay All Age Divisions - 8 & under G/B – 17-18 W/M

Next Developmental Meet will be Saturday, May 22nd. It will be a full meet w/field events. See [USATF website](http://www.usatf.org) for more info to come.

DON'T FORGET YOU MUST HAVE A CURRENT USATF MEMBERSHIP & HAVE YOUR BIRTHDATE VERIFIED TO PARTICIPATE IN THE ASSOCIATION MEET. DO NOT WAIT TILL THEN TO DO IT - DO IT NOW !! It must be done through the National office so we cannot help you locally last minute.

USATF Membership link: <https://www.usatf.org/home/top-utility-nav-content/membership>

Runnercard Registration Instructions

We will be using Runnercard for registration for all future USATF Developmental Meets. We've grown too big to accommodate unseeded meets.

You will need to complete your registration by the registration deadline. (no exceptions).

Parents: will find the meet on Runnercard under USATF [Here](#)

This next meet is the 2021 USATF UT Developmental Meet #2 (click on name)

At the top there is a **Register** button (click that)

On the Left side there is an Individuals section. You will click on **Individual Signup** even if you are on a team (you will be able to choose your team later).

DO NOT CREATE AN ACCOUNT (this is for coaches only for relays).

You will then click on **Agree** to the Liability Waiver.

Fill out your **Athlete's Name**

Under **year in school** it will give you age division choices. Please choose the correct age division remember it is not always their current age but based on the year they were born:

Year of Birth	Age Division
2013+	8 & Under
2011-2012	9-10
2009-2010	11-12
2007-2008	13-14
2005-2006	15-16
2003-2004	17-18
2002- Before	Open/Masters

Please fill in their **Birthdate** (the rest of that section is optional)

Under **Team Affiliation** just click on **Unattached** or **Team** but leave the team field blank.

Under **Questions** it will allow you to select your team if you are on one.

Select the events your athlete will compete in (please choose the right gender and age division (according to above chart).

You will not see relays. If you are planning on running in a relay talk to your coach they will enter those.

Click **next** and either **add other athletes** or **complete the payment process**.

****Coaches:** For relays we need you to create a team account if you don't already have one.

This can be done on the right side of main page. Then you will login under teams after you click Register. A meet access code will be emailed to you. Don't share the meet access code with anyone not a coach. Please only enter relays into the meet not individuals as they will do that themselves. If you have questions about this process contact Nelson @ (385) 207-8378