



# 2018 USATF Region 11 Junior Olympic Track & Field Championships Brigham Young University - June 21-23, 2018 1600 N Canyon Road, Provo UT 84604

To qualify for participation in the Region 11 JO Championships athletes must participate in their Association Meet.

Clubs and unattached athletes must register and pay online at [athletic.net](http://athletic.net) by **5:00 p.m. Wednesday, June 20, 2018**. Late entries will not be accepted. Online registration will open upon completion of your Association Meet. Fees will be accepted online. The Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within [athletic.net](http://athletic.net) for accuracy prior to submitting entry.

Age Division	Year of Birth	Entry Limits
8 & Under	2010 + *	3 Events
9 - 10	2008 - 2009	3 Events
11 - 12	2006 - 2007	3 Events
13 - 14	2004 - 2005	4 Events
15 - 16	2002 - 2003	4 Events
17 - 18	1999 - 2001**	4 Events

Entry limitations include relays, but not combined events. Entry in a relay, either as a primary or an alternate member, will be considered an entry.

\* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

\*\* Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the 17-18 age division through that meet. This extended eligibility does not apply to cross country events.

**Place:** Brigham Young University – 1600 N Canyon Road, Provo UT 84604

**Entry & Fees:** \$9.00 per event \$30.00 per relay, \$22.00 for Heptathlon/Decathlon, and \$17.00 for Pentathlon/Triathlon. Athletes will receive bib numbers at the meet. Lost bib replacement charge is \$10.00.  
**Athletes must register and pay entry fees online at [athletic.net](http://athletic.net) to compete.**

**Awards/Advancement:** Awards will be presented shortly after the conclusion of each age group event. Top 5 will receive awards. The top five in each event also qualify to advance to the USATF Junior Olympic National Championships held in Greensboro, NC on July 23-29, 2018. With the exception of Multi-Events where top 2 individuals and any who meet the performance standard set.

**Contact:** Utah Association Youth Chair: Tony Glover (801) 641-9567, [g21tony@netzero.com](mailto:g21tony@netzero.com)

**Rules & Conduct:** USA Track & Field Competition Rules will govern. Coaches and parents are responsible for the conduct of their athletes. Failure to maintain proper control or display good sportsmanship may result in the removal of a team or individual from further competition, or the expulsion of a coach, parent, or spectator. Once the meet begins, only competing athletes and working officials will be allowed on the track or infield, except in the case of medical emergencies.

**Protests:** Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee, at once and not later than (30) thirty minutes after a result has been announced. All protests must be made in writing and accompanied by a \$100.00 cash deposit. The deposit will be refunded if the protest is upheld and forfeited if the protest is denied.

**Uniforms:** All relay team members must wear a top and shorts of the same color. Body suits must be of the same colors also.

**Implements:** All throwing implements will be inspected up to 30 minutes prior to the athlete's scheduled time of competition on each day. Implements will be marked and returned to the athlete. The head of each event will check to determine if the implement has been marked. Only marked implements will be allowed for the competition. All implements that fail to pass the inspection will be impounded until after the competition has completed.

Prior to check-in, it is the responsibility of the coach or parent to fill out a card (at the pole vault area) stating that the competitor's weight shall be at or below the manufacturer's pole rating. It is the responsibility of the coach or parent to verify the competitor will use a legal pole rated at or above his/her weight.

**Equipment:** Any legal baton may be used. Only starting blocks provided by meet management may be used. The maximum spike length allowed for running and field events is 1/4". Absolutely no needle nose or Christmas tree spikes will be permitted. This will be strictly enforced. Athletes with spikes that do not meet this requirement will not be admitted to their event.

**Athlete Check-In:** Athletes must check-in 20 minutes before the scheduled start of their event. Any athlete not checked-in by the last call for their event will be automatically scratched.

**Parking:** All teams and spectators will park in the parking lots. Do not Park in parking lots of nearby restaurants or apartment complexes or you will be towed. See facility map.

**Admission:** All athletes, coaches, and spectators can enter through the main entrance.

**Participant Seating/Tents:** Tents are allowed on the grassy area around the track and the upper corners of the bleachers only. Please do not put them in the athlete warm-up area. Please make sure your tents/canopies are secured with stakes and tie-downs. No slack-lines or hammocks are permitted. If you use an umbrella in the bleachers please sit in the upper half as to not disrupt other's view. Coolers and food may be brought into the stadium. No glass containers, smoking, or alcohol will be allowed.





# 2018 USATF Region 11 Junior Olympic Track & Field Championships

## Brigham Young University - June 21-23, 2018

### University Parkway & Canyon Road, Provo UT

### Schedule of Events

**All athletes must check-in for their events. All Running Events except for 100-meters & 200-meters are Timed Finals. All 100-meters & 200-meters events will have Prelims and Finals. All Field Events will have Trials & Finals with the exception of High Jump and Pole Vault.**

#### **Thursday, June 21, 2018**

2:00 p.m.	Decathlon	15-16B, 17-18M	100m, LJ, SP(12 lb), HJ, 400m
2:15 p.m.	Heptathlon	15-16G, 17-18W	100H(33"), HJ, SP(4 kg), 200m
3:00 p.m.	Pentathlon	13-14B	100H(33"), SP(4 kg), HJ, LJ, 1500m
3:15 p.m.	Pentathlon	13-14G	100H(30"), SP(6 lb), HJ, LJ, 800m

#### **Friday, June 22, 2018**

11:00 a.m.	Decathlon	15-16B, 17-18M	110H(39"), Disc(1.6kg), PV, Jav(800g), 1500m
11:00 a.m.	Heptathlon	15-16G, 17-18W	LJ, Jav(600g), 800m
11:30 a.m.	Pentathlon	11-12G	80H(30"), SP(6 lb), HJ, LJ, 800m
11:45 p.m.	Pentathlon	11-12B	80H(30"), SP(6 lb), HJ, LJ, 1500m
1:00 p.m.	Triathlon	9-10G	SP(6 lb), HJ, 200m
1:00 p.m.	Triathlon	9-10B	SP(6 lb), HJ, 400m

<b>4:00 p.m.</b>	100m Dash <b>Prelims</b>	All Age Divisions 8 & Under through 17-18 G & B	
5:00 p.m.	4x800m Relay	11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M	
5:30 p.m.	Hammer Throw	15-16 G (4kg), 17-18 G(4kg), 15-16B(12 lb), 17-18 B(12 lb)	
6:00 p.m.	200m Dash <b>Prelims</b>	All Age Divisions 8 & Under through 17-18 G & B	
7:00 p.m.	3000m Run	11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M	
8:00 p.m.	1500m Race Walk	9-10G, 9-10B, 11-12G, 11-12B	
8:20 p.m.	3000m Race Walk	13-14G/B, 15-16G/B, 17-18W/M	



# 2018 USATF Region 11 Junior Olympic

## Schedule of Events

### **Saturday, June 23, 2018 - Track Events**

10:00 a.m.	1500m Run	All Age Divisions (8 & under G/B – 17-18 W/M)
11:00 a.m.	400m Hurdles	15-16B(36"), 17-18M(36"), 15-16G(30"), 17-18W(30")
11:30 a.m.	200m Hurdles	13-14G(30"), 13-14B(30")
11:45 a.m.	4x100m Relay	All Age Divisions (8 & under G/B – 17-18 W/M)
12:00 p.m.	400m Dash	All Age Divisions (8 & under G/B – 17-18 W/M)
1:00 p.m.	Lunch Break	
1:30 p.m.	2000m Steeplechase	13-18 G(30"), B girls & 36" boys
2:00 p.m.	100m Dash Finals	All Age Divisions (8 & under G/B – 17-18 W/M)
2:30 p.m.	110m Hurdles	15-16B(39"), 17-18M(39")
3:00 p.m.	100m Hurdles	15-16G(33"), 17-18W(33"), 13-14B(33"), 13-14G(30")
3:30 p.m.	80m Hurdles	11-12G(30"), 11-12B(30")
4:00 p.m.	800m Run	All Age Divisions (8 & under G/B – 17-18 W/M)
5:00 p.m.	200m Dash	All Age Divisions (8 & under G/B – 17-18 W/M)
5:30 p.m.	4x400m Relay	Age Divisions (8 & under G/B – 17-18 W/M)

**\*Although there are times next to the events on the schedule, we may adjust the schedule where it is needed up to 30 minutes ahead. We will also attempt to stay on or ahead of schedule whenever possible. It is up to the coaches, athletes, and parents to pay attention to what's going on at all times.**

### HURDLE SPECIFICATIONS

DISTANCE	DIVISION	# HURDLES	HEIGHT	TO FIRST	INTERVAL	TO FINISH
80m	11-12G, 11-12B	8	30"	12m	7.5m	15.5m
100m	13-14G	10	30"	13m	8.0m	15.0m
100m	13-14B, 15-16G, 17-18G	10	33"	13m	8.5m	10.5m
100m	15-16B, 17-19M	10	39"	13.72m	9.14m	14.02m
110m	13-14B, 13-14G	5	30"	20m	35m	40m
200m	15-16G, 17-18W	10	30"	45m	35m	40m
400m	15-16B, 17-18M	10	36"	45m	35m	40m

## Saturday, June 23, 2018 Field Events

	Long Jump (Pit 1)	Long Jump (Pit 2)	High Jump (Pit 1)	High Jump (Pit 2)	Pole Vault	Discus	Shot Put	Javelin
<b>9:00 AM</b>	8 & Und G	8 & Und B	11-12 G	11-12 B		17-18 G <i>1kg</i>	15-16 G <i>4kg</i>	13-14 G <i>600g</i>
<b>9:45 AM</b>						17-18 B <i>1.6kg</i>	15-16 B <i>12lb</i>	13-14 B <i>800g</i>
<b>10:00 AM</b>	9-10 G	9-10 B			All Girls			
<b>10:30 AM</b>			15-16 G	15-16 B		15-16 G <i>1kg</i>	13-14 G <i>6lb</i>	17-18 G <i>600g</i>
<b>11:00 AM</b>	11-12 G	11-12 B						
<b>11:15 AM</b>						15-16 B <i>1.6kg</i>	13-14 B <i>4kg</i>	17-18 B <i>800g</i>
<b>12:00 PM</b>	13-14 G	13-14 B	17-18 G	17-18 B		13-14 G <i>1kg</i>	17-18 G <i>4kg</i>	15-16 G <i>600g</i>
<b>12:45 PM</b>								
<b>1:00 PM</b>	15-16 G	15-16 B				13-14 B <i>1kg</i>	17-18 B <i>12lb</i>	15-16 B <i>800g</i>
<b>1:45 PM</b>			13-14 G	13-14 B		11-12 G <i>1kg</i>	9-10 G <i>6lb</i>	8 & Und G <i>Mini</i>
<b>2:00 PM</b>	17-18 G	17-18 B			All Boys			
<b>2:30 PM</b>	<b>Triple Jump</b>	<b>Triple Jump</b>				11-12 B <i>1kg</i>	9-10 B <i>6lb</i>	8 & Und B <i>Mini</i>
<b>3:00 PM</b>	13-14 G	13-14 B						
<b>3:15 PM</b>			9-10 G	9-10 B			11-12 G <i>6lb</i>	9-10 G <i>Mini</i>
<b>4:00 PM</b>	15-16 G	15-16 B					11-12 B <i>6lb</i>	9-10 B <i>Mini</i>
<b>4:45 PM</b>							8 & U B <i>2kg</i>	11-12 G <i>Aero</i>
<b>5:00 PM</b>	17-18 G	17-18 B						
<b>5:30 PM</b>							8 & U G <i>2kg</i>	11-12 B <i>Aero</i>

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<u>Mini Javelin</u>	<u>Javelin</u>	<u>Discus</u>	<u>Shot Put</u>	<u>Hammer</u>
8 & under G/B - 300g	13-18G - 600g	11-18G - 1kg	8 & under G/B - 2kg	15-16G - 4kg
9-10G/B - 300g	13-14B - 600g	11-14B - 1kg	9-14G 6lb	15-16B - 12lb
	15-18B - 800g	15-16B - 1.6kg	9-12B - 6lb	17-18W - 4kg
<b>*Aero Javelin*</b>		17-18M - 1.6kg	13-14B - 4kg	17-18M - 12lb
11-12G/B - 450g			15-18G - 4kg	
			15-18B - 12lb	



Park in this Lot  
Across From  
Football Stadium

# Brigham Young University - J.O. Region 11 Field Map

University Parkway

Canyon Road

